



PHYSICAL EDUCATION Class Information

August 20, 2020

To: IPS Parents/Guardians

From: Mr. Terry Flaherty and Ms. Alice Green
IPS Physical Education Department

We enthusiastically welcome all IPS students, both returning & new!

We are looking forward to another active, fun, & educational year in Physical Education Class.

Student grades for physical education are based on the student's participation, behavior, and effort in class. It is important that you help to promote healthy lifestyle habits for your family at home by helping to teach your children how to make healthy eating choices and by encouraging your children to participate in some sort of vigorous physical activity on a daily basis.

All Third (3rd) – Fifth (5th) grade students **are required to wear masks/face coverings** when they are in P. E. class unless they are social distancing or involved in strenuous physical activities.

If your child is unable to participate in PE class due to an injury or illness, it is necessary for a Parent/Guardian to send in a note to us. If your child is unable to participate in PE class on Doctor's Orders, send in a copy of those orders signed by the Doctor. Please notify us if your child has a medical condition that we should be aware of (asthma, heart condition, allergies, etc.).

It is important for you to be aware of the days your child has PE Class and to help remind him / her to dress accordingly! Sneakers are highly recommended for support, and safety of your child as most of our activities are movement-based. Students should avoid wearing any type of sandals (incl. Croc – style footwear). Also, girls should avoid wearing dresses or skirts on PE days.

We encourage students to bring a water bottle for their use in school on a daily basis, particularly on PE days to help with hydration. ***Students should avoid bringing any beverages other than regular unflavored water.**

If you have any questions or concerns regarding PE class and your child, please contact us here at the school at (352) 726-2632 Mr. Flaherty ext. 5325 Ms. Green ext. 5380