

Florida Bicycle Helmet Law

The state of Florida requires that all cyclists aged 16 or younger wear a bike helmet while riding. Additionally, any bicycle passengers aged 16 or younger, such as children riding in a bicycle trailer, must also wear a helmet, whether they are passengers on the sidewalk, road or other public roadway.

Helmets worn by these adolescents must meet federal guidelines. When purchasing a helmet, look for a sticker from the Consumer Product Safety Commission (CPSC). This will ensure that the helmet has been tested and meets federal helmet safety regulations. All bike helmets should be firmly affixed on the rider's head.

Florida does not have any laws regulating bike helmet use by persons over the age of 16, although it is recommended that riders of all ages wear a helmet to protect themselves from injury.